

RETAIN MINNESOTA

Retaining
Employment
and Talent After
Injury/Illness
Network

MN RETAIN: Providing guidance and helping Minnesota workers return to work after injury or illness.

Has your patient suffered an injury or illness that impacts their work?

MN RETAIN: We can help make things easier for your patient during this challenging time — at no cost to them.

MN RETAIN helps provide early intervention strategies for keeping them at work or returning to work as soon as medically possible. We help guide them through their medical situation and assist with getting them back on track with everyday life.

MN RETAIN helps injured and ill workers:

- › Maintain a relationship with their employer
- › Support their self-esteem
- › Retain their job skills
- › Maximize their physical health and rehabilitation
- › Resume their everyday life at home and at work

How can MN RETAIN help you?

When a Return-to-Work Case Manager is assigned to a qualifying patient, they can assist you in:

- › Translating your recommendations for activity into safe and appropriate tasks
- › Evaluating accommodations in the workplace that will make the transition to work easier
- › Keeping you aware of how your patient is doing at work and at home
- › Making suggestions for prescribing activities from discussions with your patient

Healthcare providers have a key role to play in supporting their patient's return-to-work plan. MN RETAIN has partnered with Mayo Clinic to develop a CME accredited training course entitled ***Preventing Needless Work Disability: The Healthcare Provider Role.***

This course, comprised of three modules, covers the following topics:

- › Evaluating your patients for return-to-work,
- › Writing functionally based recommendations
- › Understanding how other members of your healthcare team can help

For further information about this course and how to obtain CME credit, visit ce.mayo.edu/retain



Preparation of this document was funded by the MN Department of Employment and Economic Development with grant funds from the U.S. Department of Labor and the Social Security Administration in the amount of \$19,518,509.51 of which \$19,518,509.51 has been provided. 100% of grant funding is from U.S Federal funds under Cooperative Agreement No. OD-36365-21-75-4-27.



Contact MN RETAIN

Call, email, or self-refer your patient through our website. You will be contacted by a member of the MN RETAIN Team who will describe the requirements of this grant-funded program and assist in getting your patient started, if eligible. MN RETAIN can also assist eligible workers who have been self-referred, referred by their employer, or another professional.

MN RETAIN is a collaborative program led by the Minnesota Department of Employment and Economic Development (DEED), Minnesota Department of Health (MDH), Department of Labor and Industry (DLI), Mayo Clinic, and Workforce Development Inc (WDI) and includes stakeholders throughout MN.

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 www.mnretain.com